

# Contemporary Dance & Fitness Studio

## 2019 SUMMER DANCE CAMPS!

### HIP HOP IMMERSION

June 24-28 **ages 8-14** 9am-2pm \$240.00

Dive in and explore the range of old school, new school, breaking, and lots more. Get strong, learn lots of new moves, and have tons of fun! Multiple levels. Rosemary Leach and Crew

### FAIRYTALE FUSION

July 15-19 **ages 3½-5** 9-10:30am \$95

An exploration of creative movement and ballet, with music and imaginative play, inspired by our favorite fairytale characters and themes. Mary Chris Debelina

### BALLET THEATER: Characters, Stories, Costumes, Dance!

July 15-19 **ages 6-8** 11am-1pm \$105.00

Using characters, costumes and stories, campers explore creative movement and ballet, developing new skills for the young dancer. Mary Chris Debelina

### THE FULL PLATE: An introduction to jazz, hip hop, tap, and modern.

July 15-19 **ages 6-9** 1:30-4:30pm \$145

A perfect opportunity for the beginning dancer to explore dance styles. Mary Chris Debelina

### *Xanadu, Jr* Musical Theater Camp offered by Barre Opera House in collaboration with CD&FS

July 22 - August 3 **ages 11-17** 8:30am-4:00pm \$580 (performances 8/2 & 8/3)

Director: Sorsha Anderson Musical Director: Dan Bruce

1<sup>st</sup> week at CD&FS 2<sup>nd</sup> week at Barre Opera House **Register at [www.BarreOperaHouse.org](http://www.BarreOperaHouse.org)**

### HIP HOP AND NINJA DANCE

July 15-19 **ages 6-8** 9:15-10:45 \$95.00

Hip hop moves, creative movement through games, and B-Boy/B-Girl Ninja moves with two of our advanced BBoy/BGirls.

**Contemporary Dance and Fitness Studio**

*18 Langdon Street Montpelier, VT 05602*

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[www.cdandfs.com](http://www.cdandfs.com)

*since 1973*