

# Contemporary Dance and Fitness Studio Summer 2021

18 Langdon St. Montpelier, VT 05602  
(802) 229-4676 info@cdandfs.comcastbiz.net

**4 WEEK SESSION: JUNE 7<sup>th</sup> - JULY 1<sup>st</sup> ages 12 and up REGISTER by JUNE 1<sup>st</sup>**

*Please Note: Until further notice, current safety protocols for Covid 19 apply: masks, distancing, hand sanitizer & temps.*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4-5:15pm Intermediate Ballet	4-5:15pm Intermediate Jazz	4:00-5:00pm Ballet Feet	4-5:30pm Advance Ballet	4:30-5:30 Conditioning
5:30-7pm Modern & Stretch	5:30-6:30pm Jazz Choreography	5:10-5:30pm Beginning Pointe	5:30-6:30pm Intermediate/ Advanced Pointe	<i>Class Descriptions on Back</i>

## Special JUNE Classes:

**JR COMPANY Info & Preview Class**  
Friday June 11<sup>th</sup> 2:45-4:15pm

**HIP HOP 1-2 with Erin Sullivan**  
Friday June 18<sup>th</sup> 5:45-7:15pm

## JUNE TUITION - 4 WEEKS: 1/2-1 hr class \$48 1 1/4 - 1 1/2 hr class \$56

Students must **register and pay by June 1<sup>st</sup>** for the 4-week session. No refunds will be given for missed classes. If class is cancelled, you will be offered a makeup class time and/or a pre-recorded class. Registration will be processed on a first come, first serve basis. Class sizes are limited to 10 students for in-person placement. All classes will be available via Zoom - live as well as recorded - *with advance notice*. Classes are not, however, designed specifically for small spaces.

## HIP HOP IMMERSION CAMP for KIDS ages 9-13 JULY 26-30

9am – 12noon \$150.

Join Rosemary Leach for a fabulous week of Hip Hop technique, music, and history. Dive in for the first time or develop your current skills. Join this energetic, fun, welcoming dance community.

## AUGUST & early SEPTEMBER at CD&FS

**Teen Jazz Audition Prep Workshops: Mon 8/30 & Wed 9/1 5-6:30pm Fri 9/3 5-6:30** learn audition phrase. For Teens entering 9th thru 12th grade to prepare to audition for Teen Jazz

**Technique Wake Up: Tue 8/31 5-7pm** Teen & Adult dance students get ready for the Fall.

**Jr Company Application Class: Wed 9/1 4:30-6pm**

**Ballet 4-5 Thur 9/2 5-6:30pm Pointe 6:45-7:15**

**Intro to Pointe Thur 9/2 5:30-7** Mandatory for Pointe 1 students