

# Contemporary Dance & Fitness Studio

*18 Langdon Street Montpelier, VT 05602*

*(802) 229-4676 [www.cdandfs.com](http://www.cdandfs.com)*

*Allison Mann, Director*

## Covid 19 Prevention: Procedures and Practices Autumn 2020

Dear Dancers, Families and Friends,

The following COVID-19 Procedures and Best Practices will be followed for Autumn 2020 in-person classes. Please read this thoroughly and call the studio, 802-229-4676, if you have questions or concerns:

- **ALL STUDENTS AND STAFF MUST WEAR MASKS.**
- Students may arrive **no more than 15 minutes** before class and must wait on the sidewalk for entry instructions.
- Young children should be dropped off at street level and will be met and assisted to class by staff. In order to avoid overcrowding, **Parents will not be permitted to enter building. There will be no seating in the lobby.**
- **PLEASE** Do not send a student to the studio with a cough, sneeze, runny nose, fever, or any other symptom. Students with any illness, including a cold, will not be allowed to enter the studios.
- Enrollment will be limited to 6 students in the small studio, and 8 students in the large studio. All students over the enrollment maximums will be invited to enroll in a Zoom version of the class.
- Studio windows will be kept open, whenever possible, with fans on. If outside temperature becomes too cold for windows to be open, air filters will be used.
- Classes will be shorter to allow for cleaning between classes, and to stagger class start and end times.
- **Tuition for all classes is currently calculated on a monthly basis** (no punch-cards, no drop-ins), with payment due on the first of each month. **Registration deadline is September 1<sup>st</sup>.**
- If it is determined to be unsafe to have classes at the studio, we will pivot to on-line classes and notify you immediately via email.
- As with all current circumstances, this is subject to change. We will use email to keep you updated.

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## STEPS FOR ENTERING and EXITING THE BUILDING

1. Students will enter at the street level door where they will be met by assistants or staff.
2. **ASSISTANTS** or staff will give a squirt of hand-sanitizer and assure masks are on properly.
3. Stairs will be marked to assure proper spacing.
4. **STAFF** will meet students on the 2<sup>nd</sup> floor landing to take temperature and ask health screening questions.
5. Students are instructed to proceed to assigned changing rooms
6. Whenever possible, dancers should arrive in dance clothing.
7. **FACULTY** will meet students at lobby and studio doors and oversee activities as needed.
8. Students must leave outside footwear in hallway and place backpacks and bags on assigned individual plastic shelves in lobby. Dance shoes and Water bottles only may be carried into studio and will be placed on the perimeter of the studio.
9. Floors will be taped in defined 8-foot boxes within which each student will dance. Students who arrive first will be directed to the farthest boxes.
10. **Students will be dismissed** one dancer at a time to allow for spacing, with guidance from teachers, assistants, and staff. Students will be given wipes to clean their dance square before leaving (except very young children), and staff will use a spray cleanser to clean the lobby shelving.
11. Staff and assistants will guide students' exit from the building. If an adult is late for pick-up, student will wait in 2<sup>nd</sup> floor waiting area or outside, depending on age and weather.

Thank you and Stay Safe,

*Allison*

*Allison Mann* and all the staff at CD&FS